

SEATTLE SEAHAWKS 2026

☐ HOME
 ☐ AWAY
 ☐ BYE

9 HOME | 8 AWAY | BYE IN WEEK 11

PRESEASON

WK	DATE	OPPONENT	TIME (ET)	TV CHANNEL	RESULT
1	Sat, Aug 15	vs Cowboys	8:00 PM	KING 5	
2	Sun, Aug 23	@ Titans	8:00 PM	FOX	
3	Fri, Aug 28	@ Chiefs	8:00 PM	KING 5	

REGULAR SEASON

WK	DATE	OPPONENT	TIME (ET)	TV CHANNEL	RESULT
1	Wed, Sep 9	vs Patriots	8:20 PM	NBC	
2	Sun, Sep 20	@ Cardinals	4:25 PM	FOX	
3	Sun, Sep 27	@ Commanders	1:00 PM	FOX	
4	Sun, Oct 4	vs Chargers	4:25 PM	CBS	
5	Sun, Oct 11	vs 49ers	4:25 PM	FOX	
6	Thu, Oct 15	@ Broncos	8:15 PM	Prime Video	
7	Sun, Oct 25	vs Chiefs	8:20 PM	NBC	
8	Mon, Nov 2	vs Bears	8:15 PM	ESPN	
9	Sun, Nov 8	vs Cardinals	4:25 PM	FOX	
10	Sun, Nov 15	@ Raiders	4:05 PM	CBS	
11	Sun, Nov 22	BYE WEEK			
12	Sun, Nov 29	@ 49ers	4:25 PM	FOX	
13	Mon, Dec 7	vs Cowboys	8:15 PM	ESPN	
14	Sun, Dec 13	vs Giants	4:25 PM	FOX	
15	Sat, Dec 19	@ Eagles	5:00 PM	FOX	
16	Fri, Dec 25	vs Rams	8:15 PM	FOX	
17	Sun, Jan 3	@ Panthers	1:00 PM	FOX	
18	Jan 9 or 10*	@ Rams	TBD	TBD	

* Week 18 at the Rams is unassigned. The NFL sets it on Sat Jan 9 or Sun Jan 10, 2027, after Week 17 ends.
 Preseason airs on KING 5 in Seattle. Aug 15 is also on NFL Network and Aug 28 streams on the ESPN App.